

TABLE OF CONTENTS

SAY AND PLAY SHEET #1 – RH – MIDDLE C POSITION, LH – MIDDLE C POSITION ...	3
SAY AND PLAY SHEET #2 – RH – MIDDLE C POSITION, LH – BASS C POSITION	4
SAY AND PLAY SHEET #3 – TREBLE CLEF – ADD B	5
SAY AND PLAY SHEET #4 – TREBLE CLEF – ADD A	6
SAY AND PLAY SHEET #5 – TREBLE AND BASS	7
SAY AND PLAY SHEET #6 – RH – MIDDLE C POSITION, LH – MIDDLE C POSITION ...	8
FIND THE KEYS – SHARPS AND FLATS	9
SAY AND PLAY SHEET #7 – RH – MIDDLE C POSITION, LH – MIDDLE C POSITION ...	10
SAY AND PLAY SHEET #8 – TREBLE CLEF – G UP TO D	11
SAY AND PLAY SHEET #9 – BASS CLEF – G UP TO MIDDLE D	12
SAY AND PLAY SHEET #10 – RH – TREBLE G POSITION, LH – MIDDLE G POSITION	13
SAY AND PLAY SHEET #11 – TREBLE CLEF – MIDDLE C UP TO TREBLE C	14
SAY AND PLAY SHEET #12 – BASS CLEF – BASS C UP TO MIDDLE C	15
SAY AND PLAY SHEET #13 – TREBLE CLEF - SPACES	16
SAY AND PLAY SHEET #14 – TREBLE CLEF – TREBLE C UP TO G	17
SAY AND PLAY SHEET #15 – TREBLE CLEF – LINES	18
SAY AND PLAY SHEET #16 – RH – TREBLE C POSITION, LH – MIDDLE C POSITION	19
SAY AND PLAY SHEET #17 – RH – TREBLE C POSITION, LH – MIDDLE C POSITION ..	20
SAY AND PLAY SHEET #18 – BASS CLEF – BASS C UP TO MIDDLE C	21
SAY AND PLAY SHEET #19 – D POSITION	22
SAY AND PLAY SHEET #20 – RH – TREBLE G POSITION, LH – MIDDLE G POSITION	23
SAY AND PLAY SHEET #21 – BASS CLEF – BASS G UP TO D	24
SAY AND PLAY SHEET #22 – BASS CLEF – SPACES	25
SAY AND PLAY SHEET #23 – RH – TREBLE G POSITION, LH – BASS G POSITION	26
SAY AND PLAY SHEET #24 – BASS CLEF – LINES	27
SAY AND PLAY SHEET #25 – RH – TREBLE G POSITION, LH MIDDLE G POSITION ...	28
SAY AND PLAY SHEET #26 – RH – TREBLE C POSITION, LH – BASS C POSITION	29
SAY AND PLAY SHEET #27 – RH – TREBLE C POSITION, LH – MIDDLE C POSITION .	30
SAY AND PLAY PRACTICE SHEETS	31
BASS CLEF – NOTE NAMES	58
TREBLE CLEF – NOTE NAMES	59

SAY AND PLAY SHEET #1 - Target Goal = 15 seconds

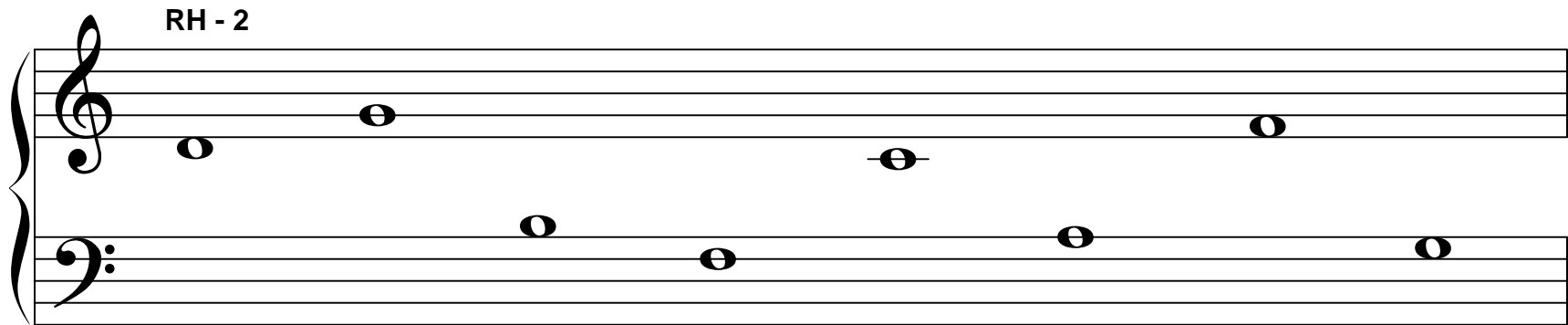
RH - MIDDLE C POSITION, LH - MIDDLE C POSITION

(Practice Sheet - page 31)

Say _____ seconds Play _____ seconds

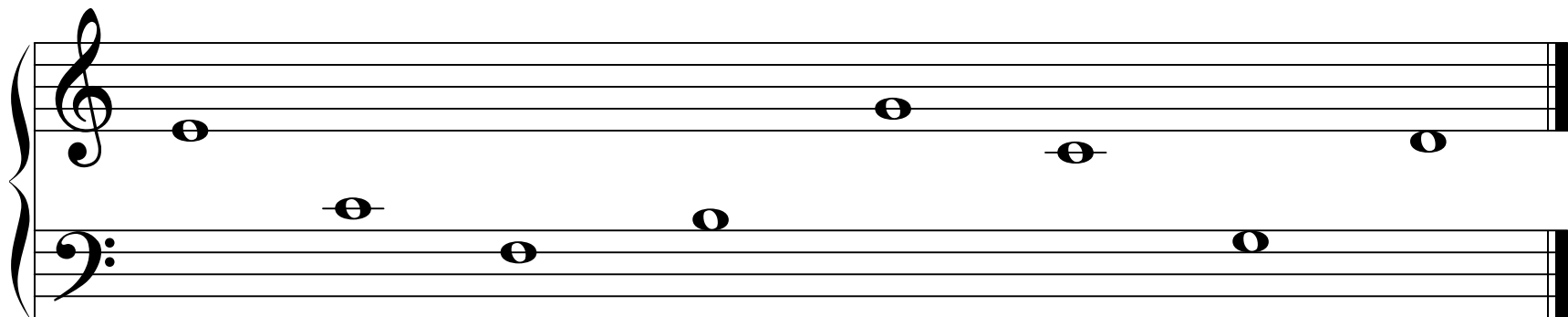
Treble Clef: lines and spaces _____
Bass Clef: lines and spaces _____

RH - 2



Musical notation for RH - 2. The right hand (RH) is in middle C position. The treble clef staff contains four quarter notes: C4 (middle C), D4, E4, and F4. The bass clef staff contains four quarter notes: C3, D3, E3, and F3. The notes are arranged in a descending sequence in the treble and an ascending sequence in the bass.

LH - 2




Musical notation for LH - 2. The left hand (LH) is in middle C position. The treble clef staff contains four quarter notes: G4, A4, B4, and C5. The bass clef staff contains four quarter notes: C3, D3, E3, and F3. The notes are arranged in a descending sequence in the treble and an ascending sequence in the bass.

SAY AND PLAY SHEET #3 - Target Goal = 15 seconds
TREBLE CLEF - ADD B
(Practice Sheet - page 33)

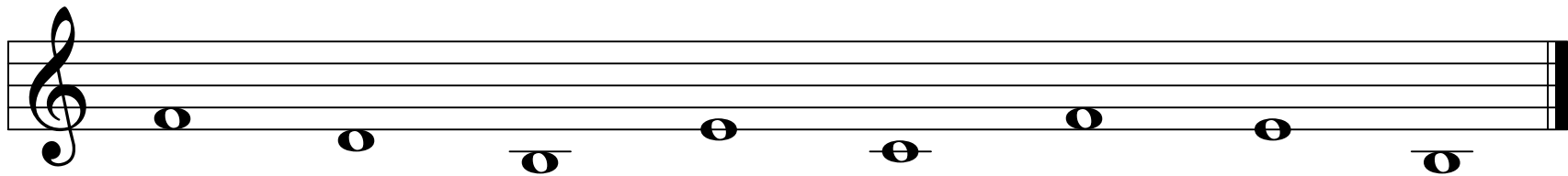
Say _____ seconds Play _____ seconds

Treble Clef: lines and spaces _____

RH - 1



A musical staff with a treble clef. The staff contains eight quarter notes, each placed on one of the five lines of the staff. From left to right, the notes are on the first, second, third, fourth, fifth, first, second, and third lines.



A musical staff with a treble clef. The staff contains eight quarter notes, each placed in one of the four spaces between the lines of the staff. From left to right, the notes are in the first, second, third, fourth, first, second, third, and fourth spaces.

FIND THE KEYS – SHARPS AND FLATS

Using the different areas of the keyboard and going across the page,
locate the keys as fast as you can using only one hand (right or left).
Target Goal = 1 minute

LOW

D#

Cb

Bb

A#

G#

Bb

Db

MIDDLE

Ab

Gb

C#

Db

Eb

D#

F#

HIGH

F#

E#

Fb

B#

Cb

E#

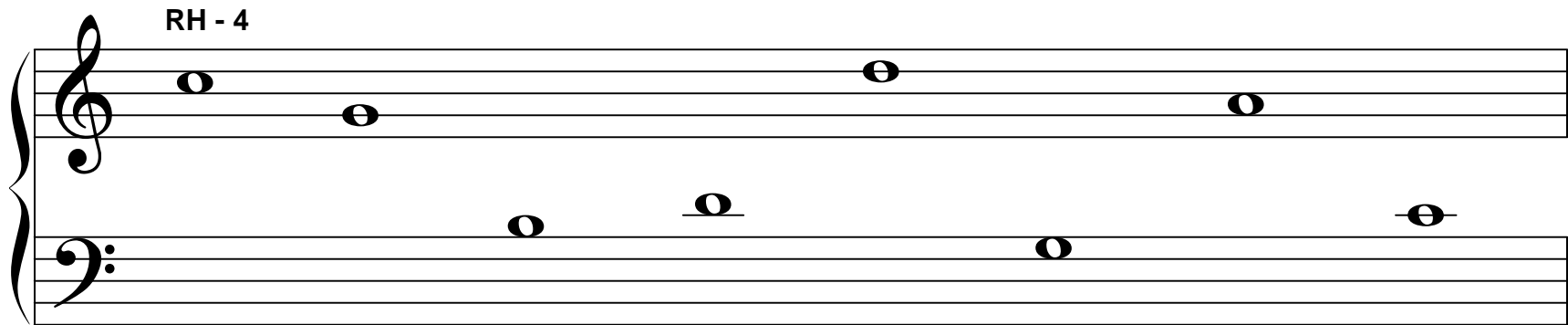
Ab

SAY AND PLAY SHEET #10 - Target Goal = 15 seconds
RH - TREBLE G POSITION, LH - MIDDLE G POSITION
(Practice Sheet - page 40)

Say _____ seconds Play _____ seconds

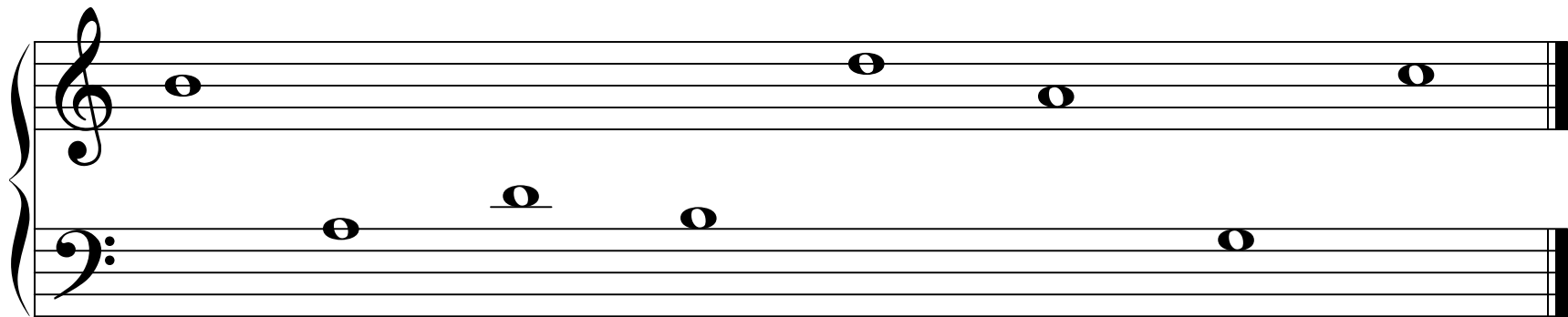
Treble Clef: lines and spaces _____
Bass Clef: lines and spaces _____

RH - 4



Musical notation for RH - 4. The right hand (RH) is in treble clef and plays four quarter notes: G4, A4, B4, and C5. The left hand (LH) is in bass clef and plays four quarter notes: G3, A3, B3, and C4. The notes are arranged in a parallel motion across the two staves.

LH - 3



Musical notation for LH - 3. The right hand (RH) is in treble clef and plays three quarter notes: G4, A4, and B4. The left hand (LH) is in bass clef and plays three quarter notes: G3, A3, and B3. The notes are arranged in a parallel motion across the two staves.

SAY AND PLAY SHEET #1 - Practice Sheet
RH - MIDDLE C POSITION, LH - MIDDLE C POSITION

A grand staff consisting of a treble clef and a bass clef. The treble clef staff contains four notes: D (first space), G (second space), C (first space), and F (second space). The bass clef staff contains four notes: B (second space), F (first space), A (second space), and G (second space). Below the staff, the notes are labeled with their letter names: D, G, B, F, C, A, F, G.

A grand staff consisting of a treble clef and a bass clef. The treble clef staff contains four notes: E (first space), G (second space), C (first space), and D (second space). The bass clef staff contains four notes: C (first space), F (first space), B (second space), and G (second space). Below the staff, the notes are labeled with their letter names: E, C, F, B, G, C, G, D.