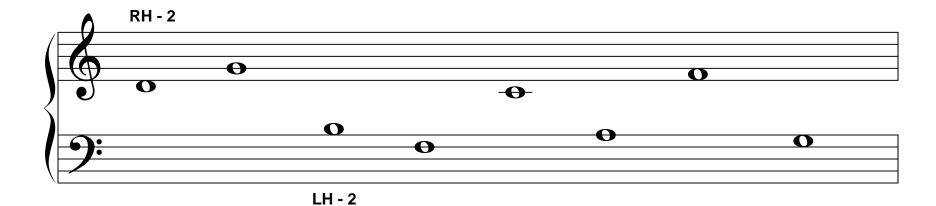
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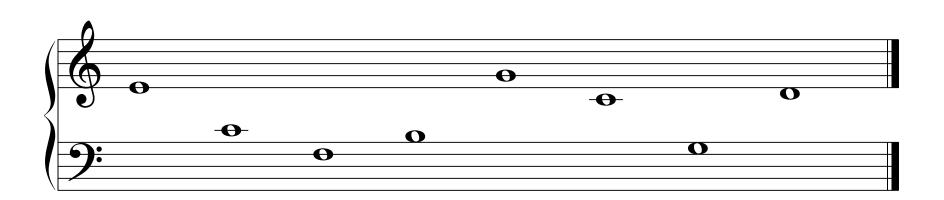
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SAY AND PLAY SHEET #1 - Target Goal = 15 seconds RH - MIDDLE C POSITION, LH - MIDDLE C POSITION

(Practice Sheet - page 24)

0 -	_ seconds	Play	cacande	Treble Clef: lines a	and spaces
Say				Bass Clef: lines a	and spaces



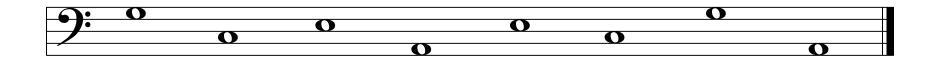


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SAY AND PLAY SHEET #12 - Target Goal = 15 seconds BASS CLEF - SPACES

(Practice Sheet - page 35)

Say ____ seconds Play ____ seconds Bass Clef: lines and spaces ____



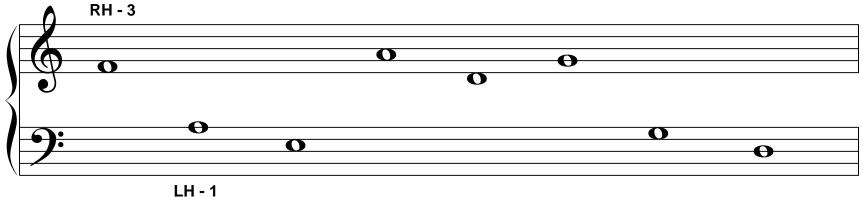
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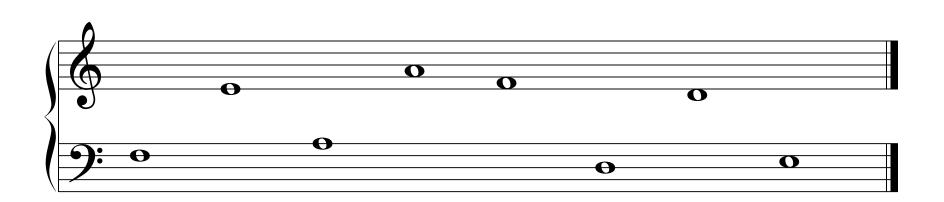
LH - 5

SAY AND PLAY SHEET #14 - Target Goal = 15 seconds TREBLE AND BASS

(Practice Sheet - page 37)

Say _____ seconds Play ____ seconds Treble Clef: lines and spaces _____ Bass Clef: lines and spaces _____





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FIND THE KEYS – SHARPS AND FLATS

Using the different areas of the keyboard and going across the page, locate the keys as fast as you can using only one hand (right or left).

Target Goal = 1 minute

LOW	MIDDLE	HIGH
D#	Ab	F#
Cb	Gb	E#
Bb	C#	Fb
A#	Db	B#
G#	Eb	Cb
Bb	D#	E#
Db	F#	Ab

SAY AND PLAY SHEET #1 - Practice Sheet RH - MIDDLE C POSITION, LH - MIDDLE C POSITION

